



### Here's what happens...

Saul is chasing David and trying to kill him. Finally, David has two opportunities to kill Saul; once in a cave and once when Saul is sleeping. Both times, David chooses to spare Saul's life because he knows God values people.

### Bible Point:

God values people,  
so we value people.

*"So don't be afraid; you are more valuable to God than a whole flock of sparrows"*  
(Matthew 10:31).

### Through the Week

Tell people they're valuable to God!

- Text someone to say, "God values you, and I do, too!"
- Call someone to share what you value about that person.
- Each day, tell your friends and family members one thing you value about them.
- You can even tell people you don't know, "God values you!"

### Talk About This...

- What do you think God values about *you*?