



### Here's what happens...

One Sabbath day, Jesus sees a crippled woman in a synagogue. She's been unable to stand up straight for 18 years! Jesus heals her, even though the legalistic religious leaders don't approve. But Jesus values love over man-made rules.

### Bible Point:

Jesus is loving, so we're loving.

*"Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves" (Philippians 2:3).*

### Family Together Time

Bless other people with loving notes.

- Cut out heart shapes.
- On the hearts, write loving notes such as "Jesus loves you, and we do too!"
- Include notes of encouragement like "You're awesome!"
- You could also write Bible verses such as John 3:16 or 1 John 4:7.
- Decorate the hearts. (This is a great job for younger family members who can't write.)
- Put the hearts in your neighbors' mailboxes, or tape them to their doors.

### Talk About This...

- What's the last loving thing someone did for you?